**HOW MANY OF THESE 30 BASIC ADULT LIFE SKILLS DO YOU KNOW HOW TO DO?**

“Adulting Things” that let us be self-sufficient and responsible

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<https://www.buzzfeed.com/briangalindo/how-many-basic-adult-life-skills-can-you-do>

**Take this quiz with friends in real time and compare results**

1. Can you make pasta on the stove?
2. Can you cook eggs (any style counts)?
3. Can you make rice on the stove?
4. Can you bake something (easy or hard, it doesn't matter)?
5. Can you cook a meal without following a recipe?
6. Can you cook at least 10 different meals without following a recipe?
7. Can you sew a button onto a shirt?
8. Can you sew a basic hem to a pant?
9. Can you destain clothes?
10. Can you properly fold a fitted sheet?
11. Can you properly iron your clothes?
12. Can you maintain a regular cleaning schedule for your entire home?
13. Can you measure out the square footage of a room?
14. Can you unclog a toilet?
15. Can you figure out what you would need to do to turn off the water to your toilet or bathroom sink in the case of a plumbing emergency?
16. Can you turn off or restart an electrical breaker in your home?
17. Can you wrap a gift (not just toss something into a gift bag)?
18. Can you stick to a grocery shopping list and not buy anything extra 99% of the time?
19. Can you write a check to pay something (if debit cards or digital transfers weren't an option)?
20. Can you correctly address an envelope?
21. Can you handwrite a thank you note?
22. Can you easily locate or remember where you have important paperwork and documents stored (like passports, Social Security cards, home insurance policies, etc.)?
23. Can you write down or enter your Social Security number without having to look at the card?
24. Can you explain the basics of what a 401K is?
25. Can you jump-start a car?
26. Can you remember at least two or three phone numbers of a family member or friend in case you needed to call them and didn't have your cell phone?
27. Can you keep a plant alive?
28. Can you fix a flat tire on a bike?
29. Can you correctly type at least 35 words per minute on a computer or typewriter?
30. Lastly, can you perform research using books, encyclopedias, and dictionaries without using online resources?